

Word of the Week- 10



Definitions:

- 1: friendly, peaceful and without any arguments
- 2: arranged together in a way that is pleasant because each part goes well with the others
- **3:** very pleasant when played or sung together

harmonious

<u>Etymology</u> and historical meaning of the term harmonious : harmonious (adj.) 1520s, "sounding together tunefully," from **French** harmonieux (14c.), from harmonie (see harmony). In nonmusical use from 1630s

Used in a sentence:

- 1. There was a harmonious alliance of students and staff at the school
- 2. The painting had a harmonious combination of colours
- 3. The school big band were completely harmonious.

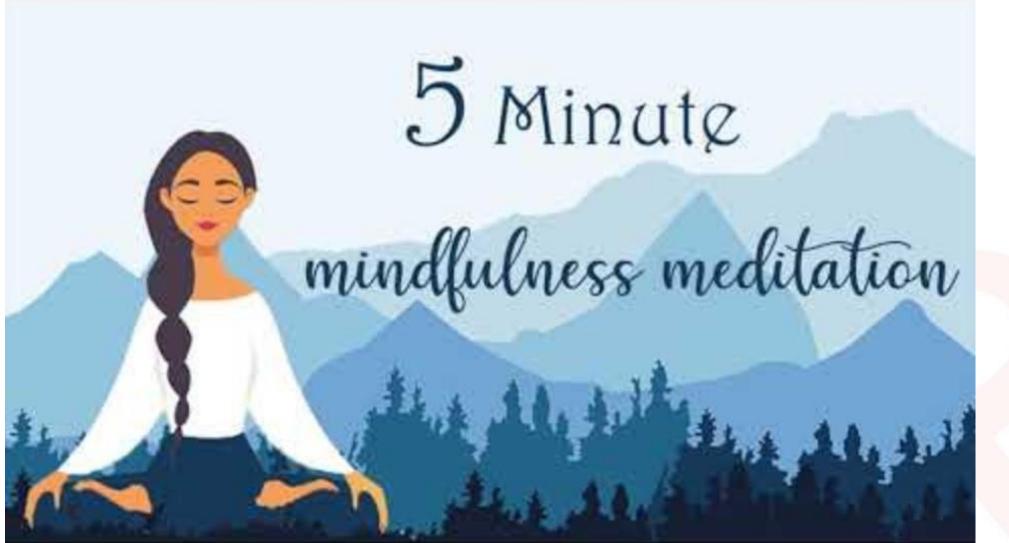


Questions:

- How does this link with the theme of the week:
 "Reflection and mindfulness"
- Can you think of any synonyms for the word harmonious?
- Could you use words of the same family (verbs, nouns) in sentences?







Complete the 5 minute meditation.

How do you feel?

What do you think the benefits of meditating are?