



West London
NHS Trust

West London CAMHS Presents:

MENTAL HEALTH AND WELLBEING FAIR

21 September 2024 | 11am - 3pm

Brentford FC Community Stadium Hub



Our **Children and Adolescent Mental Health Services (CAMHS)** are delighted to invite **young people** and their **families** in West London to the **Mental Health and Wellbeing Fair**.

If you're interested in learning more about the mental health support available for children and young people in West London, do visit our fair.

Our CAMHS teams will be hosting stalls that include:

- **Mental health organisations** and charities
- Various **child-friendly activities** and **workshops**
- Our **CAMHS Youth Ambassadors** will be leading a panel discussion with **prominent mental health advocates**.
- The first 50 families can collect a **free tote bag filled with stickers, stress balls, and more!**

Scan the QR code or click the link in our bio to **book your FREE place**.



We look forward to seeing you there!