

FREE TO BE ME

BOOK ON OUR
APP!



from
Tuesday
25th June

Lampton Leisure invites young people in the community to join our **FREE Multi-Sports Programme**.

Sessions will run every **Tuesday** evening from **4.30pm – 6.00pm** for young people between the ages of **11 and 15 years** who want to get active. This session is completely **free**, so why not come along with your friends. The session will run in partnership with **Brentford FC Community Sports Trust**.

Terms and conditions apply, places will be prioritised in line with our project criteria. Please bring a parent/guardian with you to the first session to sign your consent form.

Bookings are available 7 days before the program starts.

Lampton
Leisure



On behalf of
London Borough
of Hounslow

Healthy
Hounslow



Community
Sports Trust