



Hounslow

One Stop Shop

**Are you afraid at home? Are you worried about your children?
Do you want to talk?**

Domestic abuse can affect anyone and can harm your physical and emotional wellbeing.

The **One Stop Shop** provides **free, confidential** support and advice.

Domestic abuse isn't just physical harm from a partner or family member, it can be:

- Threatening behaviour
- Stalking
- Psychological, sexual, financial or emotional abuse

CALL 999 IF YOU ARE AT IMMEDIATE RISK OF HARM

DETAILS:

Call: **078 1003 1780**

**Holy Trinity Church,
6 High Street,
Hounslow,
TW3 1HG**

**Every Wednesday, from 10am – 12pm
No appointment needed**





USEFUL NUMBERS:

Department of Work and Pensions Jobcentre, 1st Floor, Treaty centre,
Hounslow, TW3 1ES **0800 169 0190**

Hounslow Education Welfare Service, Hounslow Council, Hounslow
House, 7 Bath Road, Hounslow, TW3 3EB **0208 583 6600**

FOOD BANKS:

Chiswick seventh Day Adventist
Church, Stamford brook Road,
Chiswick, W6 OXW.
0208 994 1859

The Vineyard Centre, 513 Browells
Lane, Feltham, TW13 7EQ.
0208 890 2626

St Pauls Church, Bath Road, Hounslow
West, TW3 3DA.
0208 581 5537

Feltham Foodbank, 102 Hounslow
Road, Feltham, TW14 OAX.
07448 831 297

ADULT SOCIAL CARE:

Hounslow Council, Hounslow House, 7
Bath Road, Hounslow, TW3 3EB.
0208 583 2000. Mon-Fri 9am-5pm.
More details on the Council website
www.hounslow.gov.uk

CHILDREN'S SOCIAL CARE:

Hounslow Council, Hounslow House, 7
Bath Road, Hounslow, TW3 3EB.
0208 583 2000. Mon-Fri 9am-5pm.
More details on the Council website.
www.hounslow.gov.uk

ARC (ADDICTION RECOVERY COMMUNITY):

Montague Hall, Montague Road,
Hounslow, TW3 1LD. **01895 488675**.

COUNSELLING:

EACH: www.eachcounselling.org.uk - **020 8577 6059** - info@eachcounselling.org.uk
Phoenix Counselling: www.phoenixcounselling.org - **0208 890 3133**
Hounslow Youth Counselling Service: hycscounselling.co.uk - **0208 568 1818** -
Ask@hycscounselling.co.uk

