



TEACHING & LEARNING: supporting active revision #little&often

1. Focus: make a list	2. Long-Term Planning	3. Active Revision	4. Transform	5. Close Gaps
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 Make a list of all subjects & topics being examined Identify the PLCs for each topic Conduct an accurate self-assessment to identify knowledge gaps Put the phone away - a detached digital detox Turn the music off Find the right physical space to revise. Collect resources. Avoid distractions 	 Start early to cut down on stress: revise little & often Make a revision timetable Aim for 2-3 hours each school day Weekends: aim for 5-6 hours Interleave = switch topics / subjects every 20-30 minutes 	 Think hard = engage your brain by creating resources Rote-learning: facts, quotes Teach the topic to others Take online quizzes; test yourself & test others Talk through & practice exam technique Learn the command words Revise what you struggle with, not what you're already good at doing. Identify knowledge gaps 	 Work hard - transform the knowledge you want to learn into different formats. Create knowledge organisers: revision clocks & quilts, time-lines, mindmaps. Use dual-coding. Invent mnemonics Make flash cards Note-taking: simplify, reduce, expand notes to deepen connections Take Cornell notes 	 Repeat steps 3 & 4.as many times as needed unt il you are comfortabl e with each topic in every subject. Re-check the PLCs

