

Definitions:

1. the scientific study of the mind and how it influences behaviour
2. The kind of mind that somebody has that makes them think or behave in a particular way
3. psychology of something

psychology

Used in a sentence:

- *clinical/educational/child/sport psychology*
- *Kevin has a masters degree in psychology.*
- *She's a professor of psychology at Kingston University.*
- *I help the actors understand the psychology of their characters.*
- *The answers we give will reflect our own psychology.*
- *Watching the shoppers at the sales gave her a first-hand insight into crowd psychology.*

Etymology and historical meaning of the term **psychology**:

late 17th cent.: from modern Latin *psychologia* (see **psycho-**, **-logy**).

Collocations:

Adjectives: clinical, professional, academic, individual, own, crowd

Questions:

- How does this link with the theme of the week: “creating positive mental health”
- Can you think of any synonyms for the word **psychology**?
- Could you use words of the same family (verbs, nouns) in sentences?
- In which subjects could you use this word?

Knowing your emotions helps you stay in control

Did you know that we teach Psychology to Years 12 and 13 in this school.

One of the most interesting parts of psychology is looking at how our behaviour is affected by our emotional well-being.

If we can identify and understand our emotions, we can understand ourselves and others around us and this can help create and maintain positive mental health.

Inside Out by Disney Pixar is a brilliant film for exploring how our emotions affect our behaviour!

